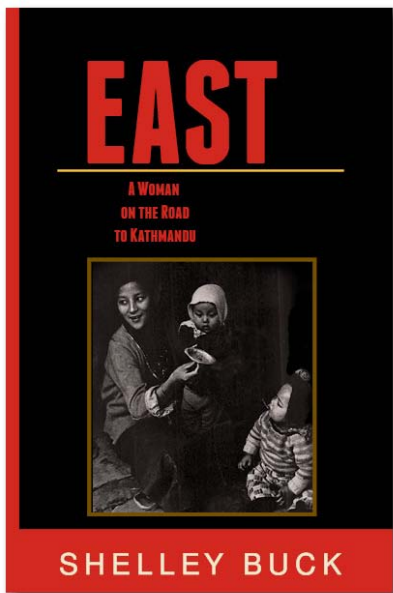


EAST

A WOMAN
ON THE ROAD
TO KATHMANDU

by Shelley Buck



A dazzling travel memoir...

Inspired by a book purchased at Fred and Pat Cody's legendary bookstore on Telegraph Avenue in Berkeley, Shelley Buck took off alone in 1972 on a journey she hoped would take her overland from Europe to India and Kathmandu. *East* chronicles that journey and Shelley's emergence into adulthood.

EARLY PRAISE FOR *EAST*

“She captures a bygone time and place when young people took to the road, crossing the Bosphorus and then the steppes and deserts of the Middle East, to the Indus Valley and the Himalayan foothills beyond, often by public transport. Buck’s unique vantage point as a female traveler who refused to be deterred by those who said she couldn’t or shouldn’t travel on her own across lands now long-closed by war, makes for riveting reading.”

—Judith Pierce Rosenberg, author of *A Swedish Kitchen*

“A compelling read, sensitively written by an informed and courageous woman. I felt that I was taken along, tucked inside her backpack.”

—Nancy Pringle, Eureka, California

Following her return to California, Shelley Buck became a founding editor of the feminist news syndicate, *Her Say*, now archived at Harvard. Shelley currently edits ePícaro.com—an online journal of travel narratives. When not breakfasting with white-faced monkeys in Costa Rica, or hitchhiking through the Khyber Pass, Shelley lives with her family in California’s Santa Cruz Mountains.



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